



The Biggest Thriver Fitness Challenge Participant Agreement

Rules and Regulations:

1. Measurements and Fitness Testing shall be performed by team leaders and is based on the honor system. Friendly competition and professionalism are expected at all times.
2. While employees of Thrive Community Fitness and their family members may participate in the challenge their totals will not influence/calculate into the results and therefore are NOT eligible for team/ individual awards.
3. "The Biggest Thriver Fitness Challenge" is offered by Thrive Community Fitness.
4. The Awards Ceremony Party will be held at the conclusion of the Biggest Thriver Fitness Challenge at your Thrive Community Fitness Center location.
5. Participants, or representative, must be present at the Awards Ceremony Party to win prizes.
6. I understand that once I register and make payment for The Biggest Thriver Fitness Challenge there will be **no refunds** issued regardless if I begin or complete the Fitness Challenge.
7. Management reserves the right to make final decisions in matters pertaining to this challenge.

Liability Waiver:

I am voluntarily participating in the Thrive Community Fitness "Biggest Thriver Fitness Challenge". I will not hold Thrive Community Fitness responsible for any damages or injuries that I might incur during the course of this program. While participating in the Biggest Thriver Fitness Challenge the fitness center is not responsible for any injury, including death, or loss of property to any person suffered while on the premises or participating in the use of the fitness center and its facilities for any reason. I understand and agree that it is my responsibility to inform my team leader of any conditions or changes in my health, now and ongoing, which might affect my ability to exercise safely and with minimal risk of injury. I understand that I am not obligated to perform nor participate in any activity that I do not wish to do and that it is my right to refuse such participation at any time during my sessions. I understand should I feel lightheaded, dizzy, nauseated, or experience pain or discomfort I am to stop the activity and notify my team leader immediately. I understand the results of any exercise program cannot be guaranteed and my progress depends on my cooperation and effort in and outside of the fitness center.

Marketing Release:

As a participant in the Biggest Thriver Fitness Challenge my name, picture and/or video may be used in promotional announcements, print and internet based advertising for the Biggest Thriver Fitness Challenge and/or future Thrive Community Fitness marketing/advertising. Thrive Community Fitness will act with sound judgment and integrity and take careful consideration with the use of these materials.

Signature

Date

Print Name

**Thrive Community Fitness thanks you for participating in the Biggest Thriver Fitness Challenge!
Have Fun...and good luck attaining your fitness goals!**